



Beyond Fortune Telling

Reflecting the energies within you

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PRACTICE SPREAD WORKSHEETS

Nine spreads to build your reading confidence | Beyond Fortune Telling

Single Card Pull

Pull one card for a quick check-in or a direct answer to a specific question. Read the card on its own merit, then ask: how does this energy show up in my situation right now?

CARD POSITIONS

1. The card

Card drawn: _____

REFLECTION PROMPTS

- What question did I ask, or what am I checking in about?

- What is the card's core energy?

- How does that energy apply to my situation?

Past, Present, Future

The most useful general reading. Read the middle card first, since it is easiest to relate to. Then look back to see what led here, and forward to see where things are heading if nothing changes.

CARD POSITIONS

1. What has been

Card drawn: _____

2. What is

Card drawn: _____

3. What will be

Card drawn: _____

REFLECTION PROMPTS

- Card 1 (what has been): what led me to this point?

- Card 2 (what is): how does this describe my present moment?

- Card 3 (what will be): where am I heading if I stay on this course?

- Is this a future I want? What would I need to change?

Nine-Card Past, Present, Future (Three Lines of Three)

A deeper version of the three-card spread. The middle column reads top to bottom as the true past-present-future line; the side cards support and add nuance to each stage.

CARD POSITIONS

1. Distant past

Card drawn: _____

2. Main past

Card drawn: _____

3. Near past

Card drawn: _____

4. Supporting present

Card drawn: _____

5. Core present

Card drawn: _____

6. Supporting present

Card drawn: _____

7. Near future

Card drawn: _____

8. Main future

Card drawn: _____

9. Distant future

Card drawn: _____

REFLECTION PROMPTS

- What is the core present card really about?

- How do the past cards explain how I got here?

- How do the future cards build on where I am now?

Know, Grow, Let Go

A three-card spread focused on personal development rather than events. Useful when the question is more about you than about a situation.

CARD POSITIONS

1. What I need to know

Card drawn: _____

2. What I need to grow

Card drawn: _____

3. What I need to let go of

Card drawn: _____

REFLECTION PROMPTS

- What do I need to know that I don't yet?

- What do I need in order to grow here?

- What do I need to release to make progress?

Mind, Body, Soul

A three-card check-in across three levels of experience. Useful when you feel out of alignment with yourself.

CARD POSITIONS

1. Mind (what I am thinking)

Card drawn: _____

2. Body (what I am doing)

Card drawn: _____

3. Soul (what I am feeling)

Card drawn: _____

REFLECTION PROMPTS

- What is on my mind right now?

- What am I actually doing about it?

- What am I really feeling underneath it all?

- Where do mind, body, and soul agree or disagree?

The Horseshoe Spread (Seven Cards)

One of the most traditional spreads, also known as the gypsy spread. Good for a fuller general reading when you want more depth than three cards.

CARD POSITIONS

1. Past

Card drawn: _____

2. Present

Card drawn: _____

3. Future

Card drawn: _____

4. Attitude toward the question

Card drawn: _____

5. External influences

Card drawn: _____

6. Obstacles

Card drawn: _____

7. Outcome / way out

Card drawn: _____

REFLECTION PROMPTS

- What does the outcome card suggest, and what would help me reach it?

- What obstacle is most within my control to address?

- What external influence do I need to simply accept rather than fight?

Love Reading (Seven Cards)

A relationship-focused spread looking at both people's wants, feelings, and true nature, with the relationship itself in the centre. A useful variation replaces the two 'who they really are' cards with 'the future of the relationship'.

CARD POSITIONS

1. Person 1: what they want

Card drawn: _____

2. Person 1: what they feel for the other

Card drawn: _____

3. Person 1: who they really are

Card drawn: _____

4. State of the relationship

Card drawn: _____

5. Person 2: what they want

Card drawn: _____

6. Person 2: what they feel for the other

Card drawn: _____

7. Person 2: who they really are

Card drawn: _____

REFLECTION PROMPTS

- What do the two 'want' cards have in common, or where do they differ?

- What does the centre card say about the relationship as it stands today?

- Is there anything here that needs to be spoken aloud between the two people?

Career Spread (Five Cards)

A focused spread for career questions and decisions, highlighting what you bring, what's available to you, and where things are headed.

CARD POSITIONS

1. Current situation (centre)

Card drawn: _____

2. Potential obstacles (crossing the centre)

Card drawn: _____

3. Abilities (left)

Card drawn: _____

4. Opportunities (right)

Card drawn: _____

5. Direction (top)

Card drawn: _____

REFLECTION PROMPTS

- What ability do I have that I am under-using?

- What opportunity is right in front of me that I might be missing?

- What is the one obstacle worth tackling first?

Medicine Wheel Spread (Five Cards)

A more spiritually-oriented spread drawing on the four directions plus a centre card for overall orientation. Good for a broader, whole-person check-in.

CARD POSITIONS

1. East: Spiritual

Card drawn: _____

2. South: Physical

Card drawn: _____

3. West: Emotional

Card drawn: _____

4. North: Mental

Card drawn: _____

5. Centre: Orientation

Card drawn: _____

REFLECTION PROMPTS

- Which direction's card feels strongest to me right now?

- Which direction's card feels most neglected?

- What does the centre card suggest about my overall orientation at this time?
