

A misty forest scene with a large tree in the foreground and a white unicorn in the background. The unicorn is standing in the distance, partially obscured by the fog. The ground is covered in a light layer of snow or frost. The overall atmosphere is ethereal and magical.

HOW TO CONNECT WITH THE ANGELS

A N D Y B R A M H I L L

How to connect with the Angels

A quick guide to making a connection with your Angels

Who or what are we connecting to?

It is virtually impossible to define what an Angel is due to the fact they exist in dimensions that we cannot yet experience. But to give it a go, I could say the Angels and the Archangels are divine, multidimensional, energetic beings whose purpose is to help and support us on a spiritual level.

Please note that I say '**spiritual**' and not '*religious*' as there are Angels in most religions and when I talk about Angels and the divine I am not referring to any religion.

When you start to try and connect with the Angels, it's very important that you get clear from the start on who or what we are trying to connect to on a psychic or spiritual level.

There are many different planes of existence and many different types of energy and energetic beings so we need to be sure we are connecting with the Angels or the Archangels right from the start.

This in itself is a huge subject but to keep this document brief, I will outline the process I recommend you use for connecting with the Angels (and nothing or no one else).

The first thing I tell all my students to do is to enter into a state of meditation. This can be done instantly with just a little practice, (I show you how in the Angel Communication course). The idea is to make sure you are centered in the heart and not your head. Simple really... just keep the focus of your attention on the heart chakra, allow the mind to keep on thinking - You won't be able to stop it or empty it! - Just focus on your heart and let the mind do what it wants.

This with just a little practice will put you into a state of meditation instantly.

If you can't enter into meditation, don't worry... a state of relaxation and peace will be good too.

From here you simply ask out loud or internally, that you connect with the Angels. Declare that you want to connect with the highest source you know of, in my case this is God and the Angels however it might be different for every person.

Once you have asked for this divine connection, from the heart, or from the state of peace or meditation, you should feel that a connection has been made. You might feel a tingling in your head or on your back or you might just feel at one with the universe or simply feel that you are connected with your spiritual guides.

What you feel is not important... the most important thing is that you have declared that you want to connect with the Angels. This is the key.

From here on, you are open to the Angels and their messages. How these messages get to you is very personal and may fall into several categories, such as hearing, seeing, feeling, or knowing what is being communicated to you.... And it is most likely that these messages happen inside your consciousness which makes it difficult to detect if it is coming from you or from your imagination.

Luckily with practice and guidance, these messages can be understood, and true two-way communication between you and your Angels can be established.

This document is merely a starter to getting this channel open. I am leading you to the door but you need to step through it yourself.

In my one-on-one sessions and my interactive online course, I work with you to develop whatever skills you need to mature your Angelic communication. I also give a lot of information and tidbits on my Youtube channel and my Facebook page so keep in touch and enjoy the process of getting to know your Angels and the messages they might offer you.

I am including a 'guided meditation' with this document that will help you to get into the right frame of mind and open up to your natural spiritual connection. This should help when it comes to establishing that Angelic communication.

You don't have to do the meditation every time you need to connect, but if you do it a few times, you will start to feel the sort of energies that make up Angelic communication. Once you are used to this you can then start to connect as and when you need, doing it as quickly or as thoroughly as you see fit.



To learn more about the Angels and to perfect your connection, you can work with me... take a look at what I offer.

Impeccable Angel Card readings - Angelic Communication:

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